P.E. - Key Vocabulary

	EYFS	Y1	Y2	Y3	Y4	Y5	Y6
Fundamental Movement Skills	- Balance - Throwing - Catching - Bounce - Pushing - Running - Rolling - Kicking	- Striking - Finding space - Speed - Direction	- Passing - Changin direction - Coordination	- Dribbling (hands and feet) - Control Technique	- Fluency	- Range of techniques - Effectiveness	- Efficiency - Effectiveness
Games	- Space - Team - Scoring	- Opposition team - Shooting - Scoring	- Rebound - Aiming - Rules - Tactics	- Defending - Attacking - Possession- Communication	- Territory - Invasion - Strategy - Marking	- Team play - Formation - Tactical awareness - Territory	- Repossession - Offside - Zones
Dance	- Freeze - Music - Order - Sequence - Perform	- Levels - Speed - Rhythm - Coordination - Pattens	- Speed - Sequence - Unison - Cannon - Emotions - Pathways - Repeat	- Control - Timing - Adapt - Improvisation - Pattern	- Spatial awareness - Character - Combinations - Dynamics	- Formation - Expression - Interpret - Technique	- Variation - Fluency - Dance style - Exploration
Flexibility, strength, technique, control and balance	- Tuck - Staddle - Roll - Balance - Travel - Coordination	- Stretch - Landing - Straight	- Position - Tension - Speed - Compose - Repeat	- Refine - Symmetrical - Control - Explosive - Inverted	- Rotation - Combine - Suppleness - Tucked - Levels	- Partner balances - Mirroring - Matching - Refine	- Tension - Aesthetically - Elements - Combinations
Outdoor and adventurous activity				- North - South - East West - Orienteering - Key	- Location - Route - Trust - Direction of travel	- Navigate - Communicate - Plan	- Cooperation - Tactical - Strategy
Swimming and water safety				- Shallow - Deep - Front crawl - Back2ddx - Float			- Glide - Submerge - Back stroke - Breaststroke - Rescue